

Anti-doping rules - ČSNS

preamble

Czech Natural Sport Organization , Svahová 22, 360 01, Karlovy Vary , ID : 26985942 is an legal person , which was based on 5. 1. 2005 primarily for the purpose of development of the work , which aims to sportsactivities , improving physical fitness and mental fitness of an individual without harm tohealth and abuse of harmful to health resources in sport . All at stress-relieving,

conditioning level (recreation) , and at the level of performance (competition) with focus

in naturality - naturally increasing fitness and performance, especially for area of natural

bodybuilding and fitness .In view of the above and having regard to the purpose of the basic object of ČSNS are therefore issued the following mandatory anti-doping rules:

I. introduction

1 All anti-doping activities ČSNS taking place in accordance with the current standards of the World Anti-Doping Agency (WADA) established by the World Anti-Doping Code (the " Code ") .

2 Doping control and evaluation is in accordance with applicable law and effective . On the basis of a written agreement between the athlete and ČSNS, the athlete commits to undergo doping control not only international and national anti-doping organization , but also the direct control by ČSNS itself. These inspections are conducted under the guidance of designated persons of ČSNS in accordance with the current WADA standards and samples which are evaluated in accredited laboratories .

3 All kinds of violations of anti-doping rules will be dealt with by disciplinary committee of ČSNS on the basis of the results provided by the institution - Institut für Dopinganalytik und Sportbiochemie Dresden in Kreischa or on its own initiative .

4 " The list of prohibited substances and doping methods " valid at the time of execution doping control (hereinafter " the current list of banned substances) , set banned substances and methods in sport and these are available on the WADA website : [www.WADA - ama.org](http://www.WADA-ama.org) .

5 Each athlete is required to apply for a therapeutic use exemption or message that the doctor prescribed him banned substances , which are listed on the current list of banned

substances - that is, the athlete asks national anti-doping authority on therapeutic exemption exclusively in the State of nationality members (for example, ČR therapeutic Use Exemptions are awarded solely ADV ČR - Czech Anti-Doping Agency) and ČSNS does not have responsibility for the administration and handling of Therapeutic Use Exemptions by ADV ČR .

6 The disciplinary committee of ČSNS considers circumstances of the breach of antidoping rules and impose the following sanctions :

a / disqualification of the athlete competing with ČSNS competitions

are all championship competition , cup competitions , presentations and fairs and sports and social events that ČSNS organizes or co-organizes with their partners at national and international level (hereinafter " competition ČSNS ") ;

b / refund of all prizes awarded competitor ;

c / a fine of up to 600 , - Euro ;

d / lifetime ban starting on plants ČSNS without possibility of returning to active competition activities in the ČSNS;

The penalties are different compared to penalties awarded by WADA .

II . The punishment for a positive result of doping control and breach of doping rules :

1 In the competition for the first wrongdoing :

a) positive doping control group for these substances prohibited in competition as their appointed date list of prohibited substances : S1 . , S2 . , and S4 . shall be punished by disqualification , restitution of the price of fine 600 , - Euro a lifetime ban starting in competitions ČSNS without returning to active competition activities in the ČSNS

b) positive doping control group for these substances prohibited in competition as their appointed date list of prohibited substances : S8 . and S9 . , will be punished by disqualification , restitution of the price of fine 500 , - Euro and eighteen months to three years for the grounding of the competitions in the ČSNS

c) positive doping control for a group of other prohibited substances and methods in

competition with the exception of the groups listed in a) and b) a substance from the group S0 as their appointed date list of banned substances, will be punished by disqualification, restitution of the price of fine 600, - Euro launch a three-year ban on race ČSNS;

d) alcohol P1. where the athlete will show signs of intoxication and his demeanor is not in accordance with good morals and would damage the reputation ČSNS. Athlete will be disqualified during the competition by compliance of the majority of all judges and doctors of the competition;

e) refusal or failure to appear for doping control is considered a violation of anti-doping rules. Shall be punished by disqualification, restitution of the price of fine 600,- Euro a lifetime ban on competitions of ČSNS;

f) a group of substances prohibited in certain sports: P2. beta-blockers is not in ČSNS evaluated;

g) other breach of anti-doping rules will be assessed individually and will be punished by disqualification, restitution of the price of fine 600, - Euro and the ban from the ČSNS competitions in range from eighteen months to lifetime ban, without possibility to return to active competing activities within the organization ČSNS;

2 Outside the competition for the first wrongdoing:

a) positive doping control group for these substances prohibited in competition as their appointed date list of prohibited substances: S1., S2., and S4. shall be punished by disqualification, restitution of the price of fine 600, - Euro a lifetime ban on competitions by ČSNS without returning to active competition activities in the ČSNS;

b) positive doping control for the other group still prohibited substances and methods, with the exception of the groups listed in paragraph a) and substances from the group S0 as their appointed date list of banned substances is punishable by a fine of 600, - Euro and launch a three-year ban on race ČSNS.

c) refusal or failure to appear for doping control is considered a violation of anti-doping rules. Shall be punished by disqualification, a fine of 600, - Euro and a lifetime ban on competitions of ČSNS;

d) Group of substances : P2 and S8 is not evaluated by the ČSNS;

e) positive doping control for S0 , and so-called " Unapproved substances " will be assessed individually and will be punished by a fine of 600 , - Euro and within eighteenmonth ban from the competitions of ČSNS to a lifetime ban on competitions by ČSNS without the possibility of returning to active competing activities in the ČSNS

f) other anti-doping rule violation will be considered individually and punishable by a fine of 600 , - Euro , the ban from competitions by ČSNS ranging from eighteen months to a lifetime ban on competitions of ČSNS, without a return to active competing activities within the organization ČSNS.

III. Repeated violation of anti-doping rules

Repeated violation of anti-doping rule always evaluates the Disciplinary Board and is based on the seriousness of violations and is punished with disqualification and return of the price, € 600 fine and a lifetime ban in competitions of ČSNS and the termination of membership of the competitor in the ČSNS association.

1 Disciplinary authorities and procedure

2 Disciplinary authorities of ČSNS are :

a / Disciplinary Committee of ČSNS

b / in case of withdrawal, it is the General Assembly of ČSNS

ad a / Disciplinary Committee :

The disciplinary authority of ČSNS of 1st grade has three members , appointed ad hoc by the Board of ČSNS. It addresses in particular violations of the statutes and violation of anti-doping rules and legal regulations of the association ČSNS.

ad b / General Assembly :

It is the supreme and final disciplinary and appeal authority of ČSNS of the 2nd grade. It reviews the decision of the disciplinary authority of the 1st grade and confirms or alters its decisions.

2 Process in disciplinary proceedings

Disciplinary Commission initiates process, if there are reasonable violations.

Subjects to open proceedings:

a / referee report

b / Message posted by a delegate of the General Assembly or the Board of ČSNS,
by the president

c / Message by Board member of ČSNS, or head of the expedition for abroad
competitions

d / positive result in doping tests or other anti-doping rule violation .

e / finding of the Disciplinary Board

f / message by other persons or authorities

The initiatives to initiate disciplinary proceedings, the Disciplinary Board shall decide without delay with respect to proper clarification of the case . Disciplinary proceedings should not be initiated if the misconduct or offense happened longer than 3 years ago. For proper clarification of the circumstances of the misconduct, the Disciplinary committee is entitled to invite other people to a hearing, who can give important information and context , request a written documents and reports or other supporting evidence . The decision of the Disciplinary Board shall include :

a / specifying the type of penalty and the precise time information about its duration

b / characteristics of the violation for which the sentence has been imposed

c / reference to the right of appeal

The effectiveness of disciplinary bans begins with announcement of decision of the Disciplinary Board imposing the sentence. Disciplinary Board announces its decision in writing :

a / accused

b / the President ČSNS

c / WADA

Appeal : perfectly fine

IV . final regulations

These anti-doping rules were approved by the General Assembly of ČSNS at its meeting on the 17th December 2014, they are binding legal documents for members of ČSNS and all athletes who participate in sports and social events organized by the ČSNS

These anti-doping rules are posted on the website ČSNS - www.natural-sport.cz and are available in Czech and English language.

Czech natural Sport Organization (ČSNS)

Tomas Prochazka – president ČSNS